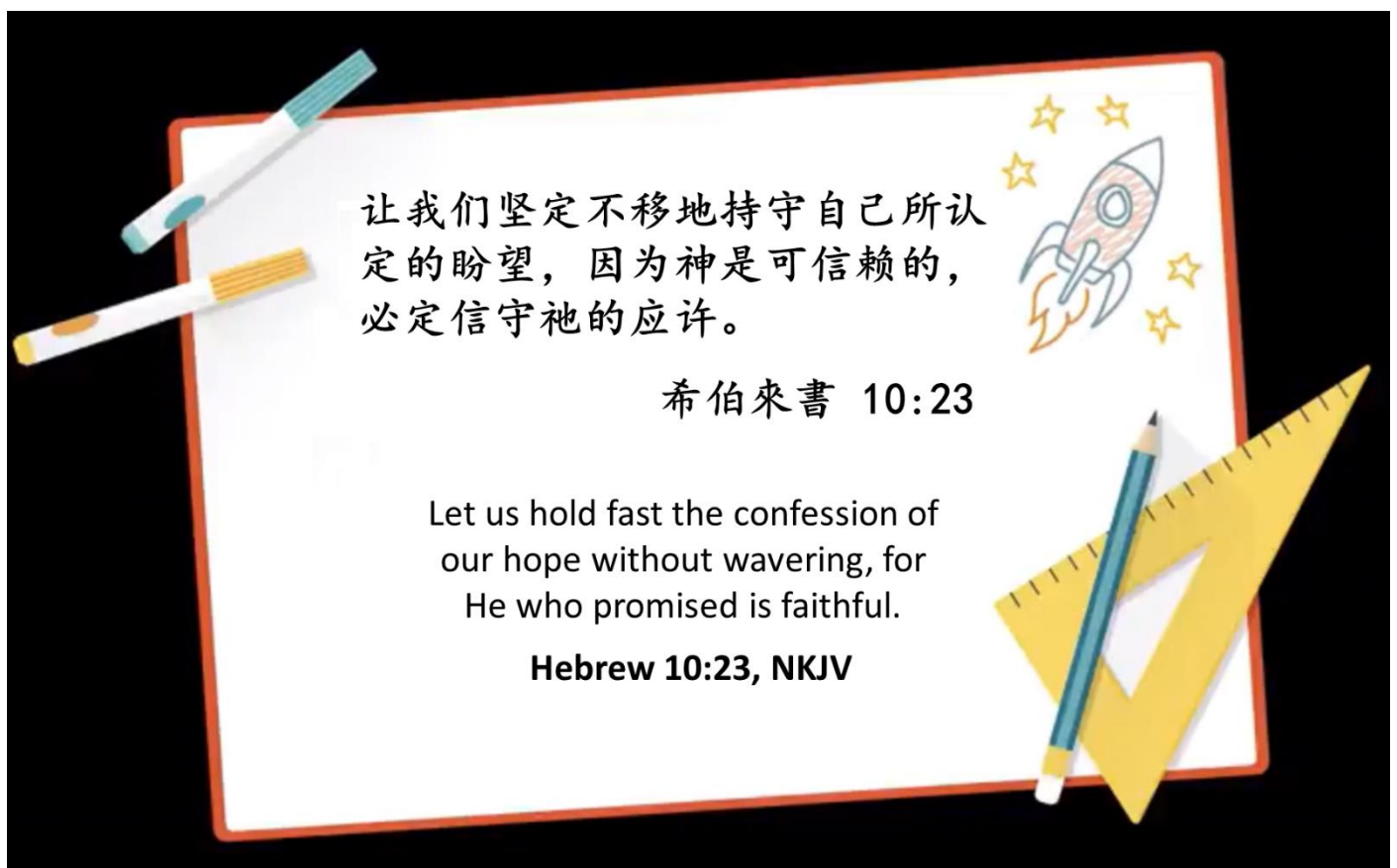


神给我盼望

让我们坚定不移地持守自己所认定的盼望，因为神是可信赖的，必定信守祂的应许。

—— 希伯来书 10:23

本周圣经话语：



本周主题：

盼望; 坚持盼望; 耶稣; 血漏女人; 睚鲁的女儿; 救生圈

嗨， 孩子们！你知道这是什么吗？是的，这是一个救生圈。你是否尝试过将救生圈拉到水下？如果你试过的话，你会发现，无论你怎么努力要把它拉下去，救生圈总是会浮起来；你再把它按下去，它马上又浮起来。这场搏斗救生圈永远不会输，它总是要浮起来的🟠😊。



你知道救生圈是用来做什么的吗？是的，救生圈是用来救人的，拯救那些掉进深水里的人，使得他们保持浮着不下沉。所以，每当你看到有人在水里挣扎或有人在水里遇到麻烦时，你都可以扔给他一个救生圈。只要他抓住救生圈，他就有了希望不会沉下去而是浮在水面上了。



这令人想起了圣经中的一节经文，在希伯来书 10 章 23 节，“**让我们坚定不移地持守自己所认定的盼望，因为神是可信赖的，必定信守祂的应许。**” 这节经文告诉我们要紧紧抓住盼望，坚持不放手。为什么要坚持？因为当我们的盼望寄托在神身上时，我们就可以相信祂会信守祂的应许。这有令你想起救生圈的例子吗？**只要抓住救生圈，你就不会沉下去；只要抓住盼望，你就不会失望，因为神不会令你失望！** 如果你保持仰望神，你就会看到祂的应许发生在你身上。

今天的圣经故事是关于一个名叫睚鲁的人，他感到一团糟和非常无助，这是因为他的女儿病得很重。由于他女儿病情太严重了，没有人可以医治得了她。事实上圣经告诉我们，这小女孩就快要死了。睚鲁似乎要失去他女儿了，但他并没有放弃，他没有失去希望，他出去寻找耶稣。睚鲁他一看见耶稣，就跪倒在地，再三地求耶稣：“我的小女孩快要死了。求你去按手在她身上，使她痊愈，得以活下去。”他不顾一切地乞求帮助。



但我们知道耶稣根本不需要他乞求，因为他一说，耶稣就同意了，并跟从睚鲁去他家。但就在他急急忙忙领耶稣赶着去救他女儿的期间，发生了一件出乎意料的事，有一个女人从人群中伸出手来摸耶稣的袍子。马可福音第 5 章告诉我们，这个女人已经患了十二年的血漏病，没有任何治愈的希望，就像睚鲁一样，她也希望耶稣能给她所需要的医治。你认为耶稣会怎么做？耶稣停下来，和那个女人说话。



可以想象，睚鲁的心在那一刻悬了起来，想必他脑子正在抓狂想骂人，“耶稣快点，赶快！你这女人，走开！这是多么紧急的情况，我的小女孩就快要死了。没有时间可以再浪费了，在为时已晚之前，耶稣必须去治我的小女孩！”



但好消息是，就在睚鲁等待的时候，他看到了奇迹发生。他看到那个没有治愈希望的女人，如何就在她触碰到耶稣长袍的边缘的那一刻，就被治愈了；他还听到耶稣对那女人说：“女儿，你的信心救了你！”睚鲁一定也希望他的小女儿能像这个女人一样被治愈。



但就在耶稣还在说话的时候，睚鲁家里的一些人来告诉他：“你的女儿死了。没有必要再劳烦先生了。”糟了！睚鲁应该怎么办？好消息是，令我们伤心和害怕不是神的风格。甚至在睚鲁开始为他死去的孩子哭泣之前，耶稣就转向对他说：“不要怕，只要信！”什么？不要怕？只要信？那些人不是说他的小女儿刚刚死了吗？睚鲁该如何是好？唔，我们知道他做了什么。虽然他从家人那里听到了坏消息，但他还是选择紧紧抓住耶稣的话，他选择坚守盼望。我们怎么知道的呢？因为睚鲁他并没有崩溃且哭着对耶稣说太迟了，更没有对耶稣说没有必要再到他家了，而是，他继续领耶稣到他家去，所以睚鲁他一定一直抓住耶稣的话，一直抱有希望。



当他们到达睚鲁他家时，人们哭声一片。他们的泪水和哭声让每个人都知道，已经没有希望了，已经太迟了，一切太迟了！

你准备好迎接更多好消息了吗？好消息是——**当你有耶稣与你同在时，永远不会太迟！**有了耶稣，总是有盼望的余地，即使事情看起来已毫无希望。耶稣走进女孩的房间，拉起女孩的手说：“小女孩，我吩咐你起来。”那女孩立即就起来走动了。睚鲁看到他死去的女儿又活了过来，一定是多么的激动啊！耶稣使睚鲁全家失而复得一个强壮而健康的孩子，给他们带来了多么棒的好消息和喜乐！



那天，睚鲁发现希伯来书 10 章 23 节讲的道理是真实可靠的，“**让我们坚定不移地持守自己所认定的盼望，因为神是可信赖的，必定信守祂的应许。**”睚鲁紧紧抓住耶稣的话，并把盼望寄托在耶稣的话语上。当他坚守盼望时，他看到了耶稣如何信实地履行对他的诺言，即使看上去已经为时已晚，也要治愈他的女儿。今天，对我们来说真正的好消息是——**就像睚鲁一样，我们也可以抱有盼望，相信并信赖我们的神所应许的，祂一定会做到！**因为我们懂得，每一个阻挡我们前路的挫折都是我们仰望耶稣的另一个理由。就像救生圈的例子，**只要抓住救生圈，你就不会沉下去；只要抓住盼望，你就不会失望，因为神不会令你失望！**抓住神的话，坚守那能令我们领受神对我们应许的盼望，这不是棒极了的好消息吗？



接下来我们来分享一个见证，是一位女士决定坚守盼望的事，即使事情对她来说很艰难。这一切都始于她失去了工作，刚开始她非常担心，因为她是个单亲妈妈，有两个十几岁的孩子要养育。没有了工作，她的积蓄开始花光。她一次又一次地试图寻找一份新工作，但都没有消息。几个月过去了，支付各种账单对她来说变得越来越艰难。



与其一味地焦虑和担心，倒不如依靠主！于是，她决定继续相信主会帮助她。每一天，她都持续仰望主。她信心如此大以至于她甚至向主祈求她梦寐以求的工作，“亲爱的主，我想成为办公室的经理，谢谢你让这一切临到我身上！”她这样祈祷。



她对主所持守的盼望是如此强烈，以至于当别人担心她时，她平静地告诉他们：“别担心，耶稣爱我！最后一切都会好起来的。”在她失去工作十个月后，她得到了一份新的工作，正如她所希望的那样，成为了一家公司的经理。



孩子们，我们今天听到了很多好消息。我们学习了，当我们紧紧抓住耶稣的话语，坚守我们的盼望时，耶稣永远不会让我们失望，我们会得到祂所应许的。当我们害怕、失望或感到沮丧时，我们不必愣在那里。每次当我们情绪低落时，我们都可以迅速仰望耶稣并将盼望寄托在祂身上。我们知道，当阿爸天父给我们耶稣时，祂给了我们盼望作礼物。当我们把盼望寄托在耶稣身上时，我们可以期待美好的事情发生。我们可以肯定这一点，因为圣经是这样告诉我们的，在希伯来书 10 章 23 节，“让我们坚定不移地持守自己所认定的盼望，因为神是可信赖的，必定信守祂的应许。”



这里所说的“盼望”不是“我希望是这样”、“我希望会如此”那种随口说说而已、不抱有多大期望的那种类型的盼望。在耶稣里的“盼望”是“我清楚知道”、“我确定会这样”类型的盼望，是“必有恩惠慈爱跟随着我，并找到我，且拥抱我”这样的确信。我们可以积极向上且信心满满地期待美好的事物，因为我们的盼望在耶稣身上！阿爸天父派耶稣来给了我们盼望的礼物，祂是如此深爱我们绝不会让我们总是过着情绪低落的生活，祂是如此深爱我们绝不会让我们担心自己的未来。当我们把盼望寄托在耶稣身上时，这个盼望就会提升我们。就像一个人抓住救生圈不放手，他就会永远浮在水面上一样，当你抓住神所给的盼望时，你一定不会失望，因为祂会遵守祂的诺言，使你振作起来，阿门！

接下来，我们来看看本周的学习要点，你可以把它们抄写到你的笔记本里，作为强有力的提醒，在你开始新的一周时鼓励你。

学习要点

- 坚守盼望，不要害怕，即使事情看起来毫无希望，我们也可以相信耶稣！
- 圣经的盼望是对美好事物信心满满的期待，这种盼望是“我清楚知道”、“我确定”类型的盼望。
- 坚持盼望，神会提升我们，并信守祂对我们的应许！

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孩子们，如果你正在听这个故事，你从来没有邀请耶稣进入你的生命，成为你的主和救主，你现在可以这样做，跟着我重复这个祷告：“亲爱的主耶稣，感谢你为我死在十字架上。你是神的儿子，你死了，也被埋葬，第三天又复活了。你宝血洗去了我所有的罪，使我得以永远与阿爸天父在一起。我请求你现在进入我的生命里，成为我的主和救主，我永远是个义人，永远是有福的，永远是神的孩子。奉耶稣的名，阿门！”

HE GIVES ME HOPE

Let us hold fast the confession of our hope without wavering, for He who promised is faithful. – Hebrews 10: 23, NKJV

Hey Rock Kidz! Do you know what this is? Yes, it's lifbuoy. Or if you're in America, a life buoy. Have you try pulling a lifebuoy down below the surface of the water? If you have, you will find out that no matter how hard you try to pull it down, the life buoy always keeps coming back up! Push it down, and it comes right back up. The life buoy never fails to come back up.

Do you know what a life buoy is used for? Yes, a life buoy is used to help save people. It is to help people who are struggling to stay afloat in deep waters. So whenever you see someone struggling in the water, whenever you see someone introuble in the water, you can throw a life buoy to him. As long as he holds on to the life buoy, he won't go down into the water. As long as he holds on to the life buoy, it'll make sure that he stays up.

This reminds me af a verse in the Bible. Hebrews 10:23, **“Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise.”** (NLT) This verse tells us to hold tightly to hope. To hang on to it without letting go. Why hang on? Because when our hope is in the Lord, we can trust Him to keep His promise. Doesn't this remind you of the life buoy? Just hang on to the life buoy and you won't go under. Just hold on to hope, because when you hold on to hope, you won't be disappointed. Because He won't let you down. If you keep on hoping in God, you will see His promises happen for you.

Today's Bible lesson is about a man called Jairus, who was feeling helpless and hopeless. This was because his daughter was very sick. So sick that no one could do anything to make her better. In fact, the Bible tells us that she was almost going to die. When it seemed like this man would lose his daughter, he did not give up. He did not lose hope. He went out looking for Jesus. As soon as he saw Jesus, Jairus fell to his knees. “My little daughter is dying. Please come and lay Your hands on her. Then she will be healed and will live,” Jairus begged. Jairus was so desperate that he pleased for help.

But we know that Jesus didn't need him to beg at all, because as soon as he asked, Jesus agreed and followed Jairus to his house. But, just as hurried to head Jesus to his daughter, something unexpected happened. A woman reached out from the crowd and touched Jesus's robe. Mark 5 tells us that this woman had been bleeding for twelve years with no hope for a cure. Just like Jairus, she had also come hoping that Jesus would give her the healing she needed. What do you suppose Jesus did? He stopped to talk to the woman.

Imagine Jairus' heart pounding in his chest. Imagine him thinking, “Hurry up Jesus! Go away, woman! This is an emergency. My little girl is dying. There is no time to waste! Jesus has to heal my daughter before it is too late!”

But the good thing is that even as he waited, Jairus saw a miracle take place. He saw how the woman with no hope of a cure was cured the moment she touched the edge of Jesus' robe. He also heard Jesus told the woman, "Daughter, your faith has made you well." Jairus must have hoped that his daughter would also be healed that day.

But even as Jesus was still speaking, some men from Jairus' house came and told him, "Your daughter is dead. There is no need to bother the teacher." Oh no! what should Jairus do? The good news is that it is not our God's style to leave us sad and frightened. Even before Jairus could start crying for his dead child, Jesus turned to him and said, "Don't be afraid. Just believe." What? Don't be afraid? Just believe? Didn't the men say that his daughter had just died? What was Jairus to do? Well, we know what he did. Although he heard the bad news from the men of his house, he chose to simply hold on tight to Jesus' words. He chose to continue to hope.

How do we know? Well, he didn't break down and cry and tell Jesus that it was too late, or that there was no need for Jesus to come to his house anymore. No, he continued to lead Jesus to his house. So he must have continued to hold on to Jesus' words. He must have continued to hope.

When they reached his house, the people were weeping very loudly. Their tears and their cries let everyone know that there was no more hope. It was too late. Too late!

Are you ready for more good news? The good news is that when you have Jesus with you, it is never too late. With Jesus, there is always room for hope, even when it looks hopeless. Jesus went into the room where the child was. Taking the girl's hand, Jesus said, "Little girl, I say to you, stand up." And immediately, the girl got up and walked. How happy Jairus must have been to see his daughter who was dead, come alive again! Jesus brought Jairus' whole family good news and joy when He gave them back a strong and healthy child.

That day, Jairus found that what Hebrews 10:23 says is true. **"Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep His promise."** Jairus held on to Jesus' words and hoped in what Jesus said. And as he hung on to the hope, he saw how Jesus faithfully kept His promise to him, to heal his daughter even when it already seemed like it was too late. The really good news for us today is that just like Jairus, we can also hang on to hope. Believing and trusting that what our God promises, He will surely do. Like Jairus, we can be filled with hope, knowing that every discouragement that stands in our way is just another reason for us to look to Jesus. Hold on to His word and hold on to the hope that will cause us to receive God's promises for us. Now, isn't that very good news?

Let me tell you about a woman who decided to hang on to hope, even when things got tough for her. It all started when she lost her job. This made her very worried because she was a single parent with two teenage children. With no job, her money started to run out. She tried

again and again to look for a new job, but nothing happened. As the months went by, it got harder and harder to pay the bills.

Instead of being anxious and afraid she decided to keep on trusting and believing that the Lord would help her. Every day, she continued to hope in the Lord. She was so hopeful that she even asked the Lord for her dream job. "I want to be a manger in an office, Lord. Thank you for making it happen for me," she prayed.

Her hope in the Lord was so strong that when others worried about her, she calmly told them, "Don't worry, Jesus loves me. Everything will be all right in the end!" Ten months after she lost her job, she got a new one, and it was as a manager in a company just as she had hoped for.

Rock Kidz, we've heard so much good news today. We've heard that when we hold on to Jesus' words, when we hold on to hope, Jesus will never disappoint us. We will receive what He promised. When we are afraid or disappointed or just feel down, we don't have to stay there. Any time we are down, we can quickly look to Jesus and place our hope in Him. We know that when Daddy God gave us Jesus, He gave us the gift of hope. We can expect good things to happen when we put our hope in Jesus. We can be sure of this because the Bible tells us so. Hebrews 10: 23, **"Let us hold tightly without wavering to the hope we affirm, for God can be trusted to keep his promise."** (NLT)

This hope is not just saying, "I-hope-so, I-hope-so!" Hope in Jesus is the "I-know-so, I-am-sure-so!" kind of hope. Daddy God kind of hope is the "Surely goodness and mercy will follow me and find me and hug me," kind of hope. We can positively and confidently expect good because our hope is in Jesus! Daddy God sent us Jesus to give us the gift of hope. He loves us too much for us to live life, always feeling down. He loves us too much to leave us worried about our future. When we place our hope in Jesus, this hope lifts us up. And just like when someone who hold on to a life buoy without letting go will always stay afloat, when you hold on to God's hope, you will surely not be let down. For He will keep His promises and lift you up. Amen!

Up next, we'll be taking a look at this week's key learning points, you can pause this video to copy them down on your notebook as powerful reminders to encourage you as you go about a new week.

KEY LEARNING POINTS:

- Hang on to hope! Don't be afraid! Even when things seem hopeless, we can put our trust in Jesus.
- Bible hope is a confident expectation of good! This hope is a "I know so", "I am sure so" kind of hope.
- Hang on to hope and He will lift us up and keep His promises to us.

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Hey Rock Kidz, if you are listening to this story and you've never asked Jesus to come into your life to be your Lord and Saviour, you can do so now. Just repeat this prayer after me, "Dear Lord Jesus, thank You for dying on the cross for me. You are the Son of God, who died, was buried and on the third day, you rose again. Your precious blood washed away all my sins making me forever right with Daddy God. I ask You now to come into my life to be my Lord and Saviour. I am forever righteous, forever blessed, forever a child of God. In Jesus 'name," and everyone say, "Amen."

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Theme of the Week:

Hope; Hang on to hope; Jesus save Jairus's daughter and bleeding woman; Life buoy