

我的避难所，我的力量源泉

神是我们的避难所，是我们的力量，是我们在患难中随时的帮助。——诗篇 46:1

嗨，孩子们，让我告诉你，几天前发生在我身上的事。我走在大街上，正哼着快乐的歌儿，突然，不知从哪儿冒出来一只大狗，从我身边飞奔而过！哇，把我吓坏了，我的手机脱手而出飞到了空中。噢，糟了！手机重重地摔到地上，我几乎不敢去看，我以为我的手机肯定要摔碎了。当我把它捡起来检查时，我简直不敢相信，**我的手机一点问题都没有，没有裂缝，也没有刮痕。**我如释重负！然后，我想起来了，我有一个很好的手机保护套——既保护手机前面又保护背面。手机没有被摔碎，也没有被刮花，是因为受到坚固外壳的保护，多亏了这保护套！😁😁

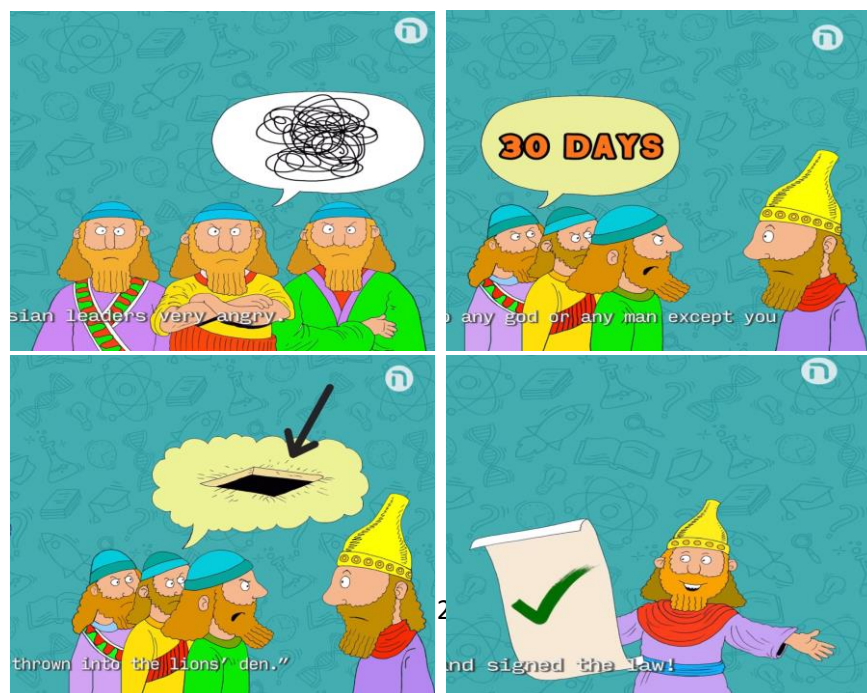


今天的课程是，关于一个发现自己处于非常糟糕处境的人。因为事情是如此的糟糕，要不是他也受到**非同一般的保护**，他本应该是会被压垮的。这个人就是但以理。但以理住在波斯国内，但他不是波斯人，他是真正的犹太人，这意味着他是信靠以色列神的，是神子民的一部分。

圣经告诉我们，但以理每天都敬拜神，他每天都进行三次敬拜，跪着祷告赞美耶和华。因为但以理与神同在，耶和华帮助但以理成为非常成功的人，使他在一切所行的事上都表现非凡。那个时候，但以理侍奉波斯王大流士。大流士王喜爱但以理，想要立但以理治理整个国家。



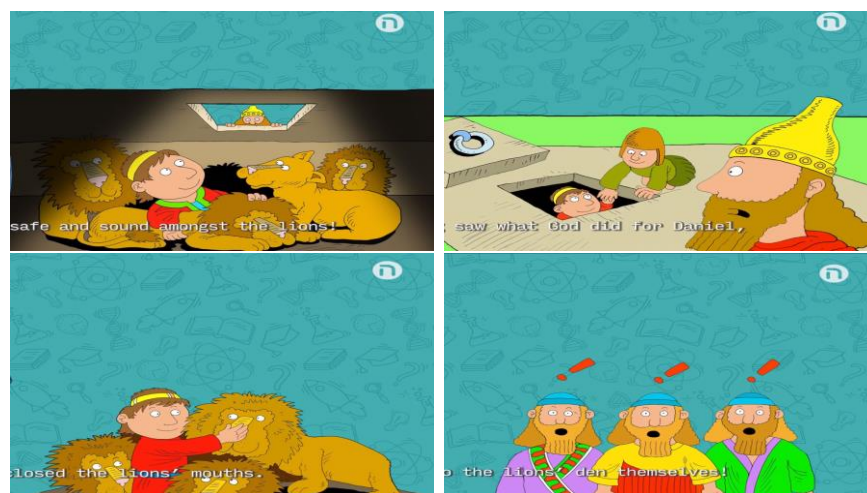
你可以猜到，这使得其他波斯的领导者非常愤怒。于是，他们想出了一个邪恶的计划，他们骗国王签署一项法令，使但以理陷入大麻烦之中。那些作恶的人对王说：“大流士王，我们请求你立一条禁令，使人人都得遵行。这三十天之内，任何人凡向王以外的其它神或人祷告的，必被扔在狮子坑中。”你猜结果如何？国王同意了，并签署了这一条禁令。他们这样做好卑鄙哟！因为这些恶者知道，但以理必不会理会这禁令，他还是会继续敬拜耶和华他的神。



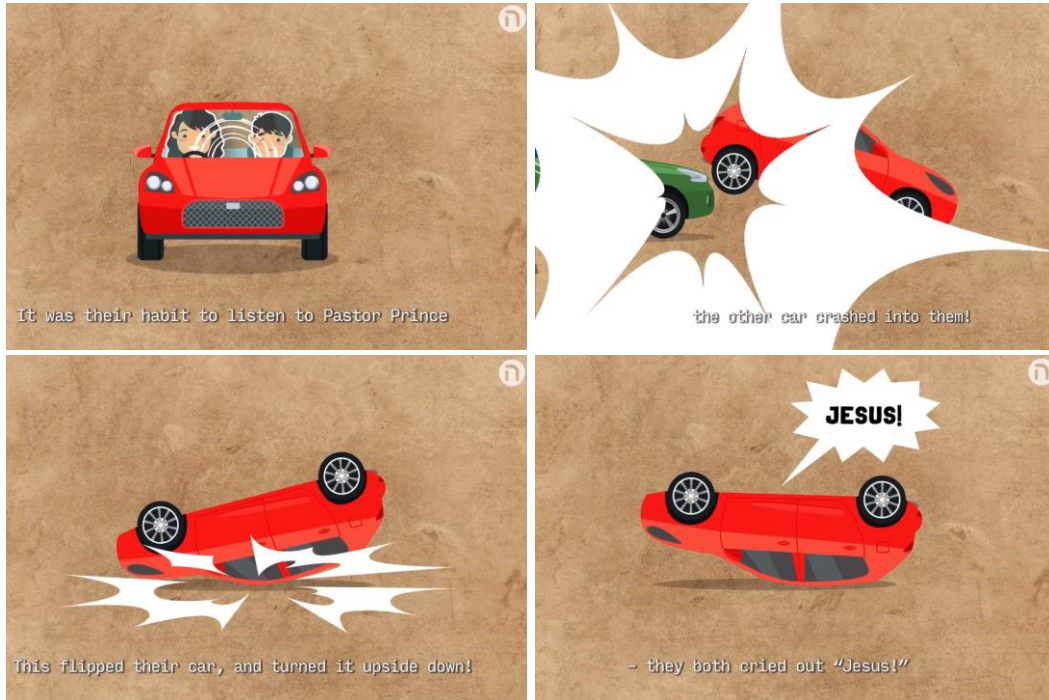
如他们所料，当但以理听到这可怕的法令后，他回家去，回到自己的房间，跪在窗边祷告。就像他每天在他房间里做的那样，他跪在窗边祈求问神该怎么办。他的仇敌们看见他祷告，就说：“阿哈，终于抓到你的把柄了！”他们马上去禀报王说：“王啊，你看，你的禁令说，任何人凡向王以外的其它神或人祷告的，必被扔在狮子坑中。但但以理仍然一天祷告三次。”但以理有被扔进狮子坑吗？是的。尽管大流士王喜爱但以理，但他也没有权力拯救他的朋友，因为没有任何人即使是国王也没有权力去改变法令。他们就把但以理扔进狮子坑里，用一块石头堵住洞口。每个人都知道这意味着什么。如果你被扔进狮子的巢穴，你就会成为狮子的午餐。呵，除了神以外，没有人能救但以理了。“你所常事奉的神，祂必救你。”国王说。



但以理成了狮子的午餐了吗？答案是否定的。第二天早晨，当国王跑过去查看他时，国王看到的是：但以理安然无恙地坐在狮子中间！但以理说：“我的神差遣祂的使者来救我。天使封住了狮子的口，狮子没有伤害到我，因为我的神知道我是无辜的……”但以理没有被吃掉，而是和狮子们一起安静地睡了一个晚上。圣经告诉我们，但以理被从坑里拉了上来，在他身上没有发现任何损伤，甚至连一点擦伤都没有。当国王看到神为但以理所做的事，他命令将但以理的敌人们都扔进狮子坑里。神对但以理的保护是完全的，神不单只是把但以理从狮子手中拯救出来，神也替他除掉了他的敌人。哇！好消息是，我们也享受着我们的良善的神同样的保护。那位善待但以理的神，也是今天善待我们的神！



接下来让我告诉你，有一天，一位男孩和他妈妈在他们车上所发生的事。他们习惯在车里播放听平牧师的证道，当时他们正开着车在路上。突然，有一辆车离他们很近，他们还没来得及反应，那一辆车就撞上了他们，把他们的车子撞得翻了个跟斗然后四角朝天着地。男孩和他的妈妈做了他们俩唯一能做的事——就是大喊“耶稣！”



当车子终于停止旋转停下来时，男孩和他妈妈从车里爬了出来。他们马上检查自己，令他们大为吃惊的是，他们俩人都没有受伤，连一点擦伤都没有！当救护车赶到时，医护人员也难以相信，“太神奇了！”他们说，“你们真幸运！”“不是的，”妈妈说，“我们并不是幸运，而是我们是受保护的蒙福的！”



孩子们，我们属于一个良善的神，祂保护我们，守护着我们的安全。现在把你的圣经翻到诗篇 46 篇第 1 节，你也可以标记强调一下——“**神是我们的避难所，是我们的力量，是我们在患难中随时的帮助。**”“**避难所**”是指一个安全或受保护的地方，这意味着每当你害怕或遇到危险时，你可以奔向耶稣，祂会保护你不受到伤害。祂还给了我们力量和勇气，在困难临到时我们就所需要的力量和勇气去跨越它。“**随时的帮助**”是什么意思呢？就是当你需要祂的时候，祂就在你身边。我们的神太好了，无论你到哪里，你在何处，祂随时都准备着帮助你。现在我们知道这个好消息，我们的反应是——我们要说“谢谢！”我们感谢神，赞美祂对我们如此好。但是我们也不要因为有神对我们每天的保护而变得鲁莽粗心，所以，在你每天离开你的家门之前，作个祈祷来保护你自己和你所爱的人，求神保佑你和你的家人朋友远离危险和伤害。让我们一起来作这样的祷告：“**亲爱的阿爸天父，你是我的避难所是我的力量！谢谢你总是我随时的帮助，使我和我的家人朋友远离困难危险和伤害。我信靠你！我奉耶稣的名祷告，阿门！**”

孩子们，如果你正在听这个故事，你从来没有邀请耶稣进入你的生命，成为你的主和救主，你现在可以这样做，跟着我重复这个祷告：“**亲爱的主耶稣，感谢你为我死在十字架上。你是神的儿子，你死了，也被埋葬，第三天又复活了。你宝血洗去了我所有的罪，使我得以永远与阿爸天父在一起。我请求你现在进入我的生命里，成为我的主和救主，我永远是个义人，永远是有福的，永远是神的孩子。奉耶稣的名，阿门！**”

MY PROTECTION AND MY STRENGTH

God is our refuge and strength, an ever – present help in trouble. Psalms 46:1, NIV

Hey, Rock kids! Let me tell you what happened to me the other day ... I was walking down the street ... just humming happy tune ... when suddenly, out of nowhere ... a big dog ran by me! Whoa! I was so shocked I threw my phone up in the air! Oh no! I almost didn't dare to look. It was such a hard fall that I was sure my phone would be smashed! And when I finally picked it up and checked it, I couldn't believe it! My phone was perfectly fine! Not one crack, not one scratch! I was so relieved! Then, I remember, I have an excellent phone protector – for the front and the back! And what a difference that made! Instead of smashing to bits like it should, the tough casing I wrapped my phone in kept it safe! Phew!

Today's lesson is about a man who found himself in a very bad situation. It was so bad, it should have crushed him. This man was Daniel. Daniel lived in the land of Persia, but he was not Persian. He was a Jew. And this meant that he was part of God's people and believe in the God of Israel.

The Bible tells us that Daniel worshipped God every day. Three times each day, Daniel got on his knees to pray and praise the Lord. Because he spent time with God, the Lord helped Daniel become a very successful man who was excellent in all he did. Daniel served Darius, the Persian king. King Darius was so pleased with Daniel that he wanted to put Daniel in charge of the whole kingdom.

And you can be sure that this made the other Persian leaders very angry. So, they came up with an evil plan. They would trick the king into signing a law that would get Daniel into big trouble! The evil men said to the king, "King Darius, we want you to sign a law that everyone must obey. For the next 30 days, anyone who prays to any god or any man except you will be thrown into the lions' den." And guess what? The king agreed, and signed the law! What a sneaky thing to do! The evil men knew that Daniel would surely not agree with this law. They knew he would continue to worship the Lord his God.

And they were right! When Daniel heard about the terrible law, he went home. He went to his room and knelt by his window and prayed. In his room, just like he did every day, he knelt by his window to pray and ask God what to do. When his enemies saw him praying, they said, "Aha! We caught you now!" And off they went to tell the king ... "Look, O King! Your law says that anyone who prays to any god or man except you has to be thrown into the lions' den! But Daniel still prays to his God three times a day!" Did Daniel get tossed into the lion's den? Yes! Even though King Darius loved Daniel, even he did not have the power to save his friend because no one – not even the king – had the power to change the law. So, they tossed Daniel into the lions' den and covered the opening with a stone. Everyone know what that meant – if you get tossed into the lions' den, you become lion lunch! Yikes! No one could save Daniel except God! "Your god, whom you serve continually, He will deliver you!" said the king.

Was Daniel lion lunch? The answer is ... No. When the king rushed to check on him the next morning, this is what the king saw: Daniel sitting safe and sound amongst the lions! Daniel said, "My God sent His angel to save me. The angel closed the lions' mouths. The lion has not hurt me because my God knew I am innocent ..." Instead of being eaten, Daniel had a peaceful sleepover with the lions! The Bible tells us that Daniel was taken out of the den and no injury whatsoever was found on him – not even a scratch!

When the King saw what God did for Daniel, he ordered Daniel's enemies to be tossed into the lions den themselves! God's protection over Daniel was complete that God more than just save Daniel from the lions. God got rid of his enemies for him as well! Wow! The good news is that we also enjoy the same kind of protection from our good, good God. The God who took good care of Daniel is the same God who takes good care of us today!

Let me tell you about what happened to a boy and his mom when they were in their car one day. It was their habit to listen to Paster Prince in the car. There they were, in the car, just driving along ... when a car suddenly came very close to them. Before they could do anything about it, the other car crashed into them! This flipped their car, and turned it upside down! Both the boy and his mom did the only thing they could do – they both cried out “Jesus!”

When the car stopped spinning, the boy and his mom crawled out of their car. Quickly, they checked themselves. To their great amazement, neither of them were hurt. Not even a scratch! When the ambulance arrived, the medics could not believe it either. “Amazing!” they said, “You are so lucky!?” “No,” said the mom. “We are not luck. We are protected and blessed!”

Hey Rock Kids, we belong to a good, good God. He protects us and keeps us safe. Now turn your Bibles to Psalms 46:1. You can highlight this as well. “God is our refuge and strength, an ever – present help in trouble.” A refuge simply means a place of safety or protection. This means that every time you are afraid or in danger, you can run to Jesus and He will keep you safe from harm. God is also our strength. He gives us strength and courage we need to get through the troubles that sometimes come our way. What does “ever – present help” mean? It means that He is always there when you need Him. Our god is so good, He's always ready and waiting to help you – anywhere and everywhere you go. Now that we know this, what do we do? We say, “Thank you.” We thank the Lord and praise Him for being so good to us. But we also don't want to be careless or sloppy about the protection that He gives us each day. So, before you leave your house each day, say a prayer of protection over yourself and the people you love. Ask God to keep you & your family and your friends safe from danger and harm. Let's pray: “Dear Daddy God, You are my refuge and my strength. Thank You that You are always ready to help me. Keep me, my family and my friends safe from trouble, danger and harm. I put my trust in You. In Jesus' name I pray, Amen.”

Hey Rock Kidz, if you are listening to this story and you've never asked Jesus to come into your life to be your Lord and Saviour, you can do so now. Just repeat this prayer after me, “Dear Lord Jesus, thank You for dying on the cross for me. You are the Son of God, who died, was buried and on the third day, you rose again. Your precious blood washed away all my sins making me forever right with Daddy God. I ask You now to come into my life to be my Lord and Saviour. I am forever righteous, forever blessed, forever a child of God. In Jesus' name,” and everyone say, “Amen.”